

HUNGER INNOVATION



FELLOWSHIP

The Language of Food Insecurity

EBT: Electronic Benefits Transfer. A debit card used to pay stores in SNAP benefits.

Emergency food: Food provided to people who lack resources to purchase the food they need.

Federal Poverty Guidelines: Guidelines, based on family size and income, issued annually to determine financial eligibility for federal programs. In 2018, guidelines for a household of four is annual income below \$25,100.

Food desert: Underserved areas that lack fresh, healthy food options.

Food insecurity: An economic or social condition of limited or uncertain access to adequate food.

Food pantry: An organization that provides donated food to people in need.

Food systems: Includes all the stages of keeping people fed: growing, harvesting, packing, processing, transforming, marketing, consuming, and disposing of food.

Food waste: Food that is fit for human consumption but is not consumed because it spoils or is discarded before it can be eaten.

SNAP: The Supplemental Nutrition Assistance Program is a federal government program that provides financial assistance for food to people in need, more commonly known as food stamps. Several factors, including family size, monthly income and expenses, determine eligibility.

WIC: Women, Infants, and Children provides supplemental nutritious food and nutrition education to low-income, nutritionally at risk pregnant and postpartum women, infants, and children up to age 5.